

# Mini Tennis Blitz

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## Organisers

There should be one overall organiser with 5 assistants to help with the umpiring, refereeing and record keeping. Adults with visiting teams must be prepared to act as one of the assistants.

## Entries

A team should consist of no more than 12 players, six boys and six girls.

A Blitz can cater for six teams for the time frame set aside.

The format allows for 6 teams of 6 children to participate in 3 activities at a time on the two Tennis Courts. The waiting 6 teams can be further entertained in the club.

The Children should be no older than 8 years of age between the 1<sup>st</sup> January and the 31<sup>st</sup> December during the year the Blitz is held.

In other words if a child turns nine years of age on any date during the year of the event, he or she is not eligible for the Blitz.

## Courts required – 2

## Equipment required

One dozen mini tennis balls- one Olympic handball- one Futsal soccer ball- a stopwatch- a whistle- traffic cones- lampshade cones - rubber strips –Bibs- Score Sheets and an incident report form. Organizers should ensure that the children have plenty opportunity to drink liquid.

## The Event

In an ideal world, representatives from clubs should play as a team against 5 other teams on the day. This, however, may not be always possible as clubs could be short on girls or boys on any occasion. To take pressure of clubs to always have the correct numbers the teams should be integrated. This will help the participants to interact better and make new friends and acquaintances. Organisers should on arrival or in advance if possible know the exact numbers from each club so that they can have the teams made out and ready to kick off as soon as the boys and girls arrive at the venue.

## The Activities

1. Mini Tennis
2. Mini Soccer
3. Tag Ball

## A Mini Tennis Match

For the Blitz days, a mini tennis match will be 3 pairs of doubles and will be run as a **Timed Tennis Format**. This will make the organisation and continuity of the Blitz much more efficient as the other two activities will be run on a timed basis as well. The serve should change after two points.

A match should be played on a court with a length of 11 metres and a width of 5.5 metres. (See courts 1, 2 & 3 in the diagram below).

The mini tennis ball and the appropriate size racquets must be used for the event. See the diagram on Racquet sizes below.

**A Mini Soccer Match**

The Mini Soccer match is six a side and is played on half a Tennis court using cones two metres apart as goals and a size 3 official Futsal ball. Rubber strips or cones and the existing tennis court lines are used for the pitch markings. When the ball goes out of bounds at the side or the end lines a kick in recommences play.

**A Tag Ball Match**

A tag ball match is a mixture between, mini basketball, netball, Olympic hand ball and tip rugby.

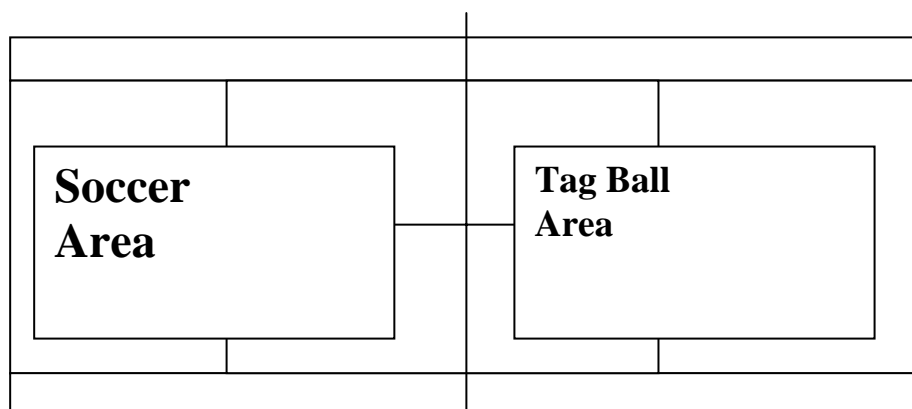
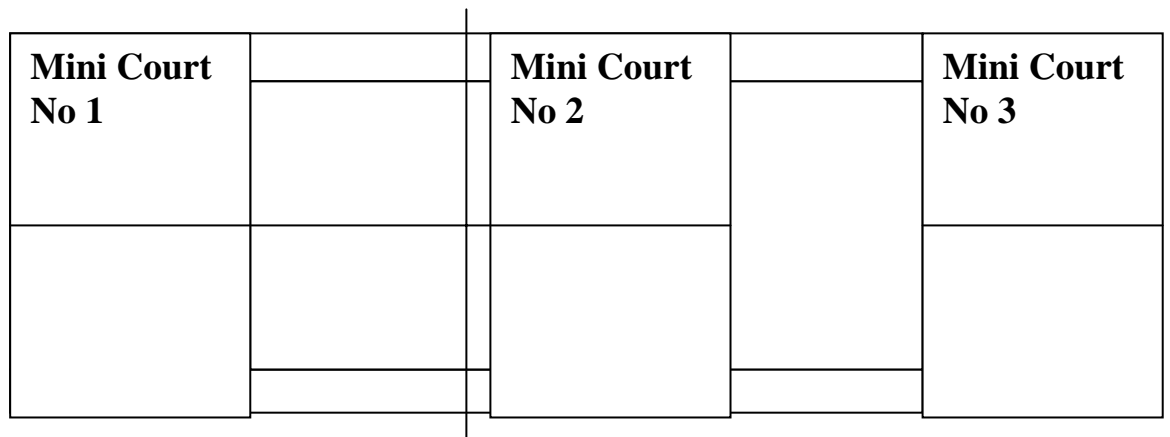
A match is 6 a side and is played on half a tennis court. A member of the attacking side stands in a goal area 2 metres by 2 metres at each end. The other 5 players on each team have to pass and move the ball around without getting tagged by an opposing team member and get the ball cleanly caught into their team mates hands in the 2 x 2 metre area. If they get tagged they must stop immediately and pass the ball. A pass can be forward or backward. Feet must remain in bounds while in possession of the ball.

Every time a goal is scored the player in the 2 x 2 metre area is rotated by another team-mate.

Mini Tennis, Mini Soccer & Tag Ball matches are all 10 minutes duration

A win for a pair gets 3 points, a draw gets 2 points and the loser gets 1 point for participation.

**Blitz Area on Two Tennis Courts**



The Blitz format caters for a maximum of 72 participants on 12 teams with 6 boys and 6 girls on each team. Teams should be colour coded and after each activity match the appropriate points should be awarded to the various teams on a record sheet. Thirty-six players will be participating in the 3 activities for duration of 30 minutes or less at a time. This means that 36 players are resting for 30 minutes or less. With 3 activities, each participant will have 2 hours of activity over a four-hour period.

At the end of the Blitz all participants get a certificate of attendance and a goody bag.

## **Guidelines for Racket Sizes**

<b>Height of child</b>	<b>Size of racket</b>
Up to 1.20 m - 4 feet -----	Up to 56 cms – 23ins
From 1.20 - 1.30 m - 4ft - 4ft 3ins -----	From 57 – 62 cms – 23 ins – 25ins
From 1.30 m - 1.50 m - 4ft 3ins - 4 ft 9 ins -----	From 62 – 67 cms – 25 ins – 27 ins

## **Midi Tennis Blitz**

### **Organisers**

There should be one overall organiser with 5 assistants to help with the umpiring, refereeing and record keeping. Adults with visiting teams should be available to assist the organizer.

### **Entries**

A Midi Tennis Blitz can cater for 12 teams for the time frame set aside. 6 Boys & 6 Girls teams

The format allows for 6 teams to participate in the 3 activities while 6 teams are waiting and been entertained in the clubhouse.

The Children should be no older than 10 years of age between the 1<sup>st</sup> January and the 31<sup>st</sup> December during the year the Midi Event is held.

In other words if a child turns eleven years of age on any date during the year of the event, he or she is not eligible for the Blitz.

### **4 Courts required**

1 court for Tag ball & Mini Soccer & 3 courts for Midi Tennis

### **Equipment required**

Two dozen- midi tennis balls- one Olympic handball- one Futsal soccer ball- a stopwatch- a whistle- traffic cones- lampshade cones - rubber strips – bibs - score

sheets and an incident report form. Children should be given plenty of opportunity for the intake of liquids to avoid dehydration.

## **The Activities**

4. Mini Tennis
5. Mini Soccer
6. Tag Ball

### **Midi Tennis Court 18 x 6.5 metres.**

Duct Tape or Scrim Tape should be used on Artificial Grass or Indoor surfaces.

These tapes and the barrier tape mentioned above for the mini tennis can be bought at any builders providers.

A combination of Duct or Scrim tape for the base lines and the rubber strips for the sidelines works well.

### **Midi Tennis Match**

A Midi Tennis match will be 3 pairs of doubles and will be run as **Timed Tennis Team Format**. The serve should change after two points.

A match should be played on a court with a length of 18 metres and a width of 6.5 metres. **(See diagram at the end of the document)**.

All players play one pair off an opposing team.

The Babolat mid ball should be used for all competitive matches on the mid court.

### **Mini Soccer Match**

The Mini Soccer match is six a side and is played on half a Tennis court using cones two metres apart as goals and a size 3 official Futsal ball. Rubber strips or cones and the existing tennis court lines are used for the pitch markings. When the ball goes out of bounds at the side or the end lines a kick in recommences play.

### **Tag Ball Match**

A tag ball match is a mixture between, mini basketball, netball, Olympic hand ball and tip rugby. Rubber strips or cones and the existing tennis court lines are used for the pitch markings.

A match is 6 a side and is played on half a tennis court. A member of the attacking side stands in a goal area 2 metres by 2 metres at each end. The other 5 players on each team have to pass and move the ball around without getting tagged by an opposing team member. They score when a team member gets the ball cleanly caught in their teammates hands in the 2 x 2 metre area. If they get tagged they must stop immediately and pass the ball. A pass can be forward or backward. Feet must remain in bounds while in possession of the ball.

Every time a goal is scored the player in the 2 x 2 metre area is rotated by another teammate.

A mini soccer match, a tag ball match & a midi Tennis match is 10 minutes duration

A win for a team gets 3 points, a draw gets 2 points and a losing team gets 1 point for participation.

Thirty-six players will be participating in the 3 activities for duration of 10 minutes at a time. This means that 36 players are resting for 30 minutes. With 3 activities, each participant will have 2 hours of activity over a four-hour period.

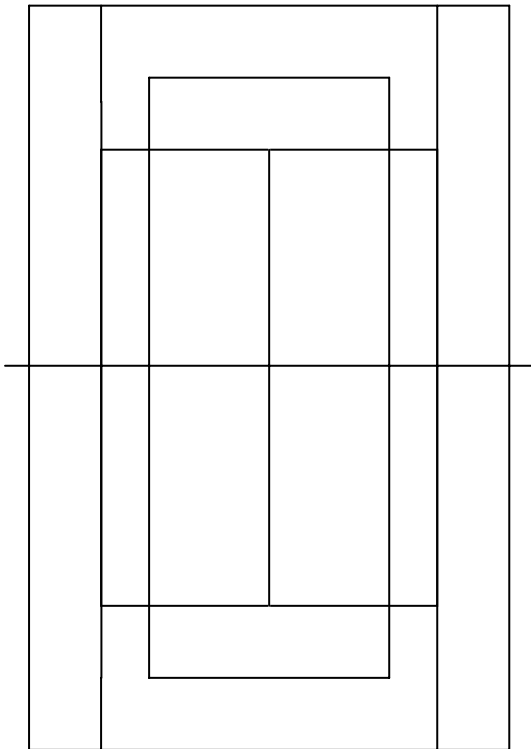
At the end of the Blitz all participants get a certificate of attendance and a goody bag.

### **Purchase of Equipment**

Most of the equipment required can be bought from SP Sports – 01-4604760.

The Mini & Midi balls can be bought from Techni-Sport – 01-4628111

## **Midi Tennis Court**



### **Marking a Midi Court**

- Make a 1 metre stick
- Go in 3 metres from the existing baselines for the Midi baselines
- Go in 1 metre from the existing singles side line for the midi sidelines